

D.O.C.S. CLUB

Discovering Opportunities and Careers for Students in Medicine

FALL 2009 MENTOR PHYSICIAN SESSION SUMMARIES



*D.O.C.S. members shadow at Tamalpais Pediatrics in Novato
with Pediatrician, Dr. Jan Maisel & Kathy Morgan, RN*

Front Row: Alicia Scofield White, Aileen Stoddard

Back Row: Kathy Morgan, RN, Samantha Hasler, Lindsey Wright, Molly Bing, Dr. Jan Maisel

JAN MAISEL, MD, PHD, FAAP

Pediatrician, Tamalpais Pediatrics, Novato and Greenbrae

KATHY MORGAN, PNP

Registered Nurse, Tamalpais Pediatrics, Novato and Greenbrae

This D.O.C.S. Mentor Physician Session allowed us to experience the inner-workings of a busy pediatric practice in Novato. D.O.C.S. club members had the opportunity to shadow with a pediatric nurse and a pediatrician for a few hours followed by a question and answer session to learn about Dr. Maisel and Ms. Morgan's educational background and career paths into medicine. It was amazing to hear of all the things they have done, what challenges they have faced, to see how they incorporate technology into monitoring the patients and to hear about how they balance their professional and personal lives.

Dr. Maisel completed her undergraduate education at the University of Michigan followed by receiving a Ph.D. in Molecular Biology from the University of California, Berkeley, and a fellowship in Clinical Genetics at the University of California, San Francisco. Her work with genetics patients led to a desire to pursue the more clinical aspects of medicine, which led to medical school at the

University of Miami. She then returned to UCSF for her internship and residency in Pediatrics. After a fellowship in Ambulatory Medicine at UCSF, she joined Tamalpais Pediatrics in 1984.

Kathy Morgan is a Pediatric Nurse Practitioner. She received her undergraduate degree in Nursing from Sonoma State University and has twenty years of experience in pediatric nursing at both UCSF and Marin General Hospital. At UCSF, she worked in the Neonatal Intensive Care Unit and Pediatric Intensive Care Unit, and at Marin General Hospital she worked on the Pediatric Ward, the Intensive Care Nursery and the Maternity Ward. In addition to this, she has experience in home health nursing and as a school nurse. She joined Tamalpais Pediatrics in 2004 during which time she completed a Master's degree at the University of California, San Francisco, and became a licensed Pediatric Nurse Practitioner.

It was particularly interesting to learn about the different educational requirements between nursing and medical school. Each path has proved to be a successful one for these women who have carved out incredible careers while simultaneously raising a family. In 2010 we plan to meet with Tamalpais Pediatric's Physician's Assistant, Krystal Cox, who will share what it is like to pursue this particular medical profession which falls in between that of a nurse and a physician.

Both Dr. Maisel and Ms. Morgan spent several hours with our group and shed light on what it is really like to care for children and the rewards of their professions. Special thanks to these talented ladies for sharing their time and advice with the D.O.C.S. Club and for allowing us to shadow at their busy Novato practice!